



Bob Malte, president and CEO of Exempla Lutheran Medical Center

Medical Center celebrates 100 years

Exempla Lutheran Medical Center in Jefferson County celebrates its 100th anniversary this year. What began in 1905 as the Evangelical Lutheran Sanitarium for patients suffering from tuberculosis is now one of the community's premiere health care facilities. "Our better days lie ahead," said President and CEO Bob Malte. "In just the past two years we have opened one of the most advanced cardiovascular Heart Centers in the region, and in the first quarter of 2005 we will open a brand new outpatient Diagnostic Imaging Center on the campus. By the end of 2005 – if construction proceeds as planned – we will open the state's first free-standing hospice designed and built for end-of-life care," said Malte.

More than 4,500 people – including 2,500 employees, 1,200 volunteers and 800 physicians – work at Lutheran, which has come a long way from being a tent colony for tuberculosis patients. The 20 acres where Lutheran Medical Center stands today were originally purchased by the Evangelical Lutheran Sanitarium Association composed of members from Denver's St. John's Lutheran Church. Many expansions have occurred over the years. Today, LMC provides 409 licensed beds and operates one of the state's busiest Emergency Departments. It also operates Exempla West Pines, a behavioral health facility, and Exempla Colorado Lutheran Home and Apartments, a nursing facility that provides independent and assisted living for older adults. Visit exempla.org.

Lakewood Laser unveils new non-invasive skin treatments

Lakewood Laser has introduced several revolutionary new laser and intense pulse light machines by Cutera, a leading California-based aesthetic system manufacturer.

"The combination laser and intense pulse light machine is a great device," said Petra Brouwers, president and CEO of Lakewood Laser and Skin Renewal. "It applies a wide range of wavelengths that improve texture, smooth wrinkles and minimize brown spots and red blotching."

Lakewood Laser is also utilizing its new Cutera multi-functional laser for hair removal and vessel therapy and scar improvements.

"In the past, lasers have had the potential of being dangerous to dark-skinned people. Not with this new equipment," said Petra, who notes that the same device is also great for treating tiny red facial vessels and green/blue leg vessels. "We also have an application that is quite unique. Most lasers are applied to the skin, but our laser that treats rosacea and scars floats above the skin, producing a warm sensation," said Petra.

The Cutera Titan™ laser is the new generation of skin tightening machines that applies infrared energy instead of radiofrequency, resulting in a more comfortable and accurate treatment for lax skin.



"It's not invasive, but effectively firms up jowls and other loose skin," said Petra. "There's no cutting of the skin and clients are able to go back to work the same day."

Although many men and women, from their 30s through their 70s, have discovered outstanding, non-surgical skin renewal at Lakewood Laser, many teenagers and young adults are thrilled with the results of the company's infrared acne treatments.

"I think I'm the only person in the area that has this methodology. It's very effective and accurate and a safe alternative to Accutane, which has known dangerous side effects," said Petra.

Safety is a key feature at Lakewood Laser. Petra, a veteran laser specialist with experience treating burn patients, has owned Lakewood Laser for five years. All clients also meet with Dr. Brian Aikin, an M.D., in consultation with Petra to determine an appropriate and effective treatment plan. Learn more at lakewoodlaser.com or call 303-202-0927. – JB

Local college adds speech-language pathology and audiology programs

Red Rocks Community College (RRCC) is the first community college in Colorado to prepare students to enter the field of Speech-Language Pathology or Audiology. Earlier this year, RRCC signed an articulation agreement with the University of Northern Colorado that allows a student to enter the University of Northern Colorado's Speech-Language Pathology or Audiology Programs as a junior once the student has successfully completed an Associates of Arts Degree in Communication Disorders at Red Rocks Community College.

The U.S. Bureau of Labor Statistics estimates that by the year 2012, employment for speech-language pathologists and audiologists is expected to increase 21 to 35 percent. Individuals who have been employed in these fields have been able to earn in excess of \$73,000 per year. Employment of speech-language pathologists and audiologists is expected to grow rapidly because the expanding population in older age groups is prone to medical conditions that result in speech, language and hearing problems.

Whether an individual wants to pursue a degree in this new program or become educated about language development in children or hearing loss in the aging pop-



Dr. Sherry Messina Dewald

ulation, the exciting program offers an array of options. Classes for this new Communication Disorders program will be offered this spring at the Lakewood campus, which is located at 13300 West Sixth Avenue. Online classes will be offered for some classes starting in January of 2006. For more information, contact Dr. Sherry Messina Dewald at 303-914-6429 or visit rrcc.edu. – JB